

Plan of activities and tasks of the National Mental Health Program of the Ministry of the Interior

- Specific healthcare - preventive health condition examination.
- Zero tolerance for alcohol.
- Psychological care for specific categories of employees.

Post-traumatic intervention

- Provided mainly for a members of Police force, Firemans and members of the Mountain Rescue Service
- As well as to a persons who have experienced a serious incident

Post-traumatic intervention

Meaning of **Serious incident**:

- use of firearm with a fatal consequence or serious bodily injury
- the death of a colleague
- suicide attempt or suicide of a colleague
- action to rescue hostages
- pursue a dangerous perpetrator
- action against an aggressive group
- serious traffic accident with fatal consequences
- natural disaster
- an other serious event causing abnormal responses

Plan of activities and tasks of the National Mental Health Program of the Ministry of the Interior

To continue with the training courses of the CISM
- especially for members of the Police force, the Fire and Rescue Corps, the Mountain Rescue Service and all Civilian employees of the Ministry of the Interior.

Update the personnel composition of the crisis intervention teams within the Ministry of the Interior.

Planned creation of a psychologist's position for better adaptation of newly-hired members of the Police forces during basic training at the Police School.

Plan of activities and tasks of the National Mental Health Program of the Ministry of the Interior

Promoting collaboration of service psychologists, physicians with effected personnel superiors to actively seek and identify risk members with visible changes to behavior.

Regularly inform the Police Officers, the Fire Department personnel and the Mountain Rescue Service members about available telephone and / or personal consultation of subjectively perceived changes in health status with assigned Service psychologist.

Plan of activities and tasks of the National Mental Health Program of the Ministry of the Interior

Implement the preventive program - **Manage yourself normally**
- prevention program of the Police Force for targeted group of students at the 5th grade of elementary schools, fulfilling the informational and preventive function.

Implement the project - **Pola advises children**
- a project involving creative workshops with pre-school children to prevent injuries and provide information on the harmfulness of dangerous behavior and use of harmful substances.