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He earned his degree in Psychiatry at the Slovak Medical University (2008) after his PhD in Neurology in 2006. In 2004-2007, he passed studies focused on clinical research at Vienna School of Clinical Research and Medizinische Universität Wien, completed with a postgraduate diploma of Academically Certified Clinical Research Leader. In 2016, he completed his Master's degree in Health Administration. He serves as a Vice-President of the Slovak Psychiatric Association and as a Chairperson of the Executive Board at the Society of Biological Psychiatry. He is a Member of the Psychopharmacological Society, Section of Sexology, Slovak Neuropsychiatric Association, and an Honorary Chairman of the Association of Young Psychiatrists. He is the Chairman of the Editorial Board and Expert Editor of the Journal "Psychiatria pre prax" (Psychiatry in practice). He organizes professional events, participates in research grant activities, publishes, and focuses on the issues of mental disorders in epilepsy, schizophrenia, and nutritional psychiatry. He has authored and co-authored more than 260 publications, with more than 180 citations (125 SCI citations, Hirsch Index- 7). The scope of his scientific interests also includes psychiatric electroencephalography or electroconvulsive therapy. Since 2016 he has been registered on the List of Experts of the Ministry of Justice as a court-appointed Expert in Psychiatry. Since 2012, he has been a delegate of the European Union of Medical Specialists - Psychiatry Section. He was approved as a Section Officer in April 2017 and as an Honorary Secretary of the section in October 2018.